

NOTES
Region 4 CMH Subcommittee
September 10, 2013

The meeting was called to order at 8:35 AM.

Members present: Steve Graci, Aubrey Plew - a student from NNU, Jason Stone, Gina Westcott, Mechelle Wilson, Jennifer Young, and Laura Thomas

- 1) A brief discussion on the potential future of the committee in view of transformation was held. It is expected that there will be a committee with a focus on children's issues in a transformed system. The focus and makeup of that committee will be determined as transformation evolves.
- 2) Discussion ensued on the data basis for a regional report. Consensus was to use 3 years of data (if available) and include 5 or 6 common data points, plus any additional data that an agency/entity feels is of value, including:
 - a. Numbers served
 - b. Budgets and staff positions
 - c. Court ordered counts
 - d. Residential treatment numbers and costs
 - e. Lengths of stay
 - f. Continuum of care and array of services – this may be more narrative than quantified
 - g. Parents' perspectives

Representations for each agency/entity will send their data to Laura by September 30 for consideration at the next meeting.

- 3) Children's Mental Health Awareness Week – the working group has plans for a full week of activities including
 - a. May 3 kick off with Wellness Fair for Families (booths of information that will include mental health, but not be limited to mental wellness). After the fair, a program featuring two parents and three professionals will be held utilizing the video conference system through the St. Luke's Health network will be transmitted and also recorded.
 - b. The videotaped presentation will be made available to all regions one day during that week via the H&W video conference equipment in each region – date to be determined.
 - c. School librarians will be provided a list of books that can be used for story time with children in elementary schools
 - d. Federation for Families plans to hold their statewide poster contest again
 - e. Week will end with an Awareness Walk on the following Saturday, the 10th of May (Note from Laura – that Saturday is probably the same day as Race for the Cure so CMH Awareness may have some difficulty getting a route and publicity given the size of the Komen event.)

The next MCH Awareness week working group meeting is to be determined and will be shared with entire CMH subcommittee by Steve when date, time and location are known.

The CMH subcommittee agreed that additional members need to be recruited from the following areas: additional parents, an Optum representative, a PSR provider for CMH services, and a SUDS Treatment provider with expertise in children/adolescents. An announcement for recruitment will be made at the next RAC and MH board meeting on Wednesday, September 11, 2013.

Steve invited committee members to submit nominations for the awards to be given at the Federation's Dinner on September 20 – send your nomination for someone deserving recognition in the area of CMH to him by tomorrow.

Steve announced he will not be at the next meeting on October 8; Val will chair the meeting. Laura noted she will not be there either so someone will need to take notes.

Meeting was adjourned at 10:05 a.m.